

MMHS Golden Eagle HighFLIGHTS:

*Congrats to the girls cross country TEAM on their Region Championship! Team members were individual region champion Britney Lund, Megan Gutke, Brigette Harris, Regan Pond, Elli Eastmond, Christy Wilkinson, & Kaitlyn Tischner congrats to all these ladies & their teammates! Great job ladies now let's take state! Also we want to say thanks for a good season to the boys cross country team.

Monday E-mails to Parents: 10-21-13

*For more school information and to view assembly bell schedules, please go to our school website at: <https://mmhs.nebo.edu>

***Parent Seminar on Youth Protection:** Nebo School District will be holding a very informative presentation with Dr. Greg Hudnall on Monday, October 21, 2013, from 7:00-8:30 p.m. in the district office boardroom. He will be presenting on Substance Abuse, Bullying Prevention, Mental Health/Suicide Prevention and Internet Safety. Community resource representatives will be available to answer questions and help access services. An information flyer is included at the end of this email.

***MEGA DETENTION:** Mega Detention will be held on Oct 23rd in Room C-207. Students can serve three hours of detention and receive five hours of detention credit. The cost is \$5.00 and students need to pre-pay in our finance office to reserve a seat. Limited seating -- first-come-first-served!

***Windows on the Work Place:** Windows on the Work Place will be held on Tuesday, October 22 in the library during lunch. We have Jeff DeNaughel from Walker Funeral Home coming to speak about his career as a funeral director. We provide treats and students can earn free detention credit for attending. (Mrs. Dunn)

***PE Make-ups:** Attention students! Starting on Monday October 14th, we will be holding PE makeups before school at 7 to 7:45am and after school 2:30 to 3 every day until October 24th! You can make up as many as 5 excused absences! Meet Coach Peck and Coach Lewis in the Spin Room!!!

***Winter Sports Try-outs:** Beginning on Nov 11th (Check with coaches for additional information.)

Oct 21-Oct 26

*Oct 21

Nebo School District Parent Seminar on Youth Protection (7-8:30pm at district office board room) – (information flyer on this seminar can be found below)

*Oct 22

Volleyball vs SHHS @ MMHS

School Community Council Mtg: 3pm in our Eagles Nest Conference Room

Fall Band Concert (Mr. Wilson): 7pm in our auditorium

Wrestling Parent Mtg: 7-9pm in our cafeteria (Coach Judkins)

*Oct 23

Cross Country State Championship @ Sugarhouse Park

MEGA DETENTION (2-5 pm in Room C-207) -- Students need to pre-pay in our finance office beforehand to secure a seat – Cost is \$5.00

Fall Orchestra Concert: 7pm in our auditorium

*Oct 24

Term 1 Ends

Masquerade Dance--STAG: 8-11pm in our cafeteria (Cost: \$4 with Student ID; \$5 without)

Football vs SHS @ MMHS (JV-3:30; Soph-6:00)

Volleyball vs SFHS @ MMHS

***Oct 25 PC COMP DAY – NO SCHOOL HELD ON THIS DAY!**

Varsity Football @ SHS

*Oct 26

Marching Band Competition @ Pleasant Grove HS

Oct 28-Nov 1

*Oct 28

Term 2 Begins

Pro-Start Team Audition (Mrs. Wilkins) in Room F-105 from 2:40-5pm

*Oct 29

Volleyball @ Timpview

*Oct 30

Windows on the Workplace Seminar (8:00 am, in our auditorium)

*Oct 31

Halloween Dress-up Day: Students may wear costumes in accordance with district dress/grooming policy, but NO MASKS!

Marching Band Tour @ Dixie State (Oct 31-Nov 2)

*Nov 1

Football First Round State Play-offs (TBA)

Marching Band Tour @ Dixie State

Volleyball Play-off Matches (Nov 1st and possibly Nov 5th)

*Nov 2

Football First Round State Play-offs (TBA)

Marching Band Tour @ Dixie State

ACT Preparation Class: 8-11am in Room D-209 (Pre-pay in the finance office)



Mon. Oct. 21, 2013
7 - 8:30 p.m.

Nebo School District Parent Seminar on Youth Protection

This informative seminar will be held on Monday, October 21, 2013 from 7 - 8:30 p.m. in the Boardroom of Nebo District Offices, 350 S. Main, Spanish Fork, UT.

Guest speaker will be Dr. Greg Hudnall. The topics of discussion will be: substance abuse; bullying; mental health/suicide prevention; and Internet safety/pornography.

There will be community resource representatives in attendance to answer questions you may have and to help you access services that may be needed for your student/family.

(See H.E. 298)