



# MMHS Eagle HighFlights

**February 6, 2023**

## FEBRUARY COUNSELING NEWSLETTER

See the [February Counseling Newsletter](#) for information on course requests for next year and schedule planning.

## SENIOR YEARBOOK ADS

Senior ads for this school year are now available to purchase through Josten's website: [www.jostensadservice.com/student](http://www.jostensadservice.com/student). Jostens is responsible for our school's yearbook ad sales and collecting text and photos this year. Please do not contact or send materials to the school.

The \$25 deadline is February 3rd, and then it is \$50 if you purchase the ad from February 4th to February 17th. Refer to the attachment for all of the details.

## VAL-O-GRAMS

Order your Val-O-Grams this week! We are selling Val-O-grams beginning TODAY, Monday, February 6-Friday, February 10. They will be delivered on February 13th and 14th during third period.

We have a new website where you can purchase and pay online. Go to <https://www.successfund.com/mmhsvalograms> or scan the QR code on the flyer below to take you to the online store:

In-person sales at the school will take place during lunch only, on Wednesday Feb. 8 – Friday Feb. 10. **Val-O-Grams will not be available to purchase through the financial office at the school.**

The last day to purchase Val-O-Grams will be Friday Feb. 10th at 3:00 p.m. so please make sure you get your orders in before then. Thank you for your support!

## **SPRING SPORTS TRYOUTS**

**In order to try out, all players must have a completed profile on <https://registermyathlete.com/>, including a doctor's physical. No one will be able to try out unless that is complete!**

### **Baseball**

Monday, February 27 from 3:30-5:30 p.m. on the baseball field. In the event of inclement weather, tryouts will be in the indoor facility from 6:30-8:00 p.m.

### **Softball**

Monday, February 27 and Tuesday, February 28 from 3:30 to 5:30 p.m. on the softball field. In the event of inclement weather, tryouts will be in the indoor facility from 5:00-6:30 p.m. on Monday and 3:30-5:00 p.m. on Tuesday.

### **Track and Field**

Monday, February 27 from 3:00-5:00 p.m. Meet on the track. (Dress accordingly!) In the event of inclement weather, we will meet in the main gym.

### **Boys Soccer**

Monday, February 27 and Tuesday, February 28. Monday will be on the turf field from 5:00-7:00 p.m. Tuesday will be from 3:00-5:00 p.m. on the grass field. In the event of inclement weather, tryouts will be in the indoor facility from 6:00-7:30 a.m. on Monday and 8:00-10:00 p.m. on Tuesday.

### **Girls Lacrosse**

Monday, February 27 and Tuesday, February 28. Monday will be on the turf field from 7:00-9:00 p.m. Tuesday will be from 5:00-7:00 p.m. on the turf field. In the event of inclement weather, tryouts will be in the indoor facility from 8:00-9:30 p.m. on Monday and 6:30-8:00 p.m. on Tuesday.

### **Boys Lacrosse**

Monday, February 27 and Tuesday, February 28. Monday will be on the grass field from 3:00-5:00 p.m. Tuesday will be on the turf field from 7:00-9:00 p.m. In the event of inclement weather, tryouts will be in the indoor facility from 3:30-5:00 p.m. on Monday and 6:00 a.m. to 7:30 a.m. on Tuesday.

### **Boys Tennis**

Monday, February 27 through Friday, March 3. Tryouts will be held each day that week from 3:00-5:00 p.m. at the MMHS tennis courts. In the event of inclement weather, tryouts will still be held on the same dates, but the location will move to the Spanish Fork indoor courts and the time will shift to 5:00-7:00 p.m. The Spanish Fork indoor tennis courts are located on the North side of the Spanish Fork Fairgrounds, 475 S. Main Street. Bring your racket and tennis shoes—balls will be provided.

### **Girls Golf**

Thursday, March 2 and Friday, March 3. A clinic will be held on Thursday and tryouts on Friday. Location TBA.

## SHETECH EXPLORER DAY

Registration is open for the SheTech Explorer Day **on February 28!** Help your girls discover careers in STEM! They'll get hands-on experience with dozens of STEM jobs, work with mentors from hundreds of tech companies. Find out about workshops and registration online at <https://shetechexplorer.com/>. The best workshops fill up quickly so register ASAP! There is no cost, lunch is provided, and we will provide a bus to and from the event. Ninth grade students are welcome to join! For questions, please see Mrs. Robyn Dunn in C100 or email [robyn.dunn@nebo.edu](mailto:robyn.dunn@nebo.edu).

## FEBRUARY STUDENTS OF THE MONTH

Congratulations to our February outstanding students, nominated by the world language department!

**Sophomores:** Kiera Sites and Justin W. Kelly  
**Juniors:** Emma Langford and Josh Wilson  
**Seniors:** Jessica Macias and Jack Thygerson

## NEBO SCHOOL DISTRICT SICK POLICY—REMINDER FROM OUR NURSE

Due to all the sickness that we have recently experienced in our community I wanted to send a reminder of our sick policy here at school. Please review the policy [here](#) (in English and Spanish) or at the end of this newsletter (English only) and help us keep our students safe and healthy.

## REGISTER MY ATHLETE

Athletes: Avery Leckie is our athletic secretary at Maple Mountain High School. If you have questions about participating or eligibility for a sport, please contact her at [avery.leckie@nebo.edu](mailto:avery.leckie@nebo.edu)

## PHOTOS FOR YEARBOOK

The yearbook staff is not always able to attend every school event, but you parents and friends do! We welcome all photos from parents or students taken at any school event that show Maple Mountain students (especially if their faces are visible!). Be aware that the yearbook staff selects the best images to match the story of the page so not all submissions are used. Submit any images you want to [tyler.lewis@nebo.edu](mailto:tyler.lewis@nebo.edu) and include the first and last names of any students in the image. Thank you!

## PARENT SUB OPPORTUNITY

If any parents are interested in subbing at our school, that would be wonderful! Just log on to [www.EDUStaff.org](http://www.EDUStaff.org) or call EduStaff at 877-974-6338, for more information. This would be a great way to earn a little extra money and also be a part of our fun MMHS team.

## **PTSC (Parent Teacher Student Club)**

Our next PTSC Board meeting will be held on Tuesday, February 7th at 10:30.

The Student Service Club will be meeting on Wednesday, February 8th during lunch in the drama room.

If you are interested in joining the PTSC or serving on the PTSC Board next year, please contact Suzanne Asay at 801-687-5889.

### **PTSC Board 2022-23**

President – Suzanne Asay

President Elect –

Secretary – Karen Matsuoka

Treasurer – Jenny Garrett

PTC Dinners – Angie Workman

Student Service Club – Sarah Winward and Bobbi Nelson

Teacher Appreciation Monthly Treats – Kara Woodworth and Karen Matsuoka

Foreign Film/Art Festival – Kara Woodworth

Sucker Sales – Alison Robison and Suzanne Asay

Membership – Janelle Day

Val-O-grams – Jenny Garrett and Janelle Day

Scholarships – JoAnn Brown and Emily Hakes

Graduation Party – Kelly Burtenshaw

Teacher Appreciation Week – Audrey Jacobson, Jami Peterson, and Kristen Northcutt

Teacher Birthdays – Tawni Porcaro

## **NEW MMHS SWAG**

New clothing is now available in the MMHS bookstore by the front office! Come see the latest hoodies, crewneck sweatshirts, and long and short sleeve t-shirts.

Also, check out our new blanket design below—**AVAILABLE NOW**. We also have brand-new hat designs. Stop by the bookstore to check them out!

## IMPORTANT ATTENDANCE INFORMATION

When checking out your student, please call ahead (or send a note with your student) to speed up the check-out process. DO NOT leave a message or send an email for immediate check-out. If you cannot get through on our attendance line, please call the main office and someone will assist you (801-794-6740).

When calling the attendance office please listen to both options. Option #1 is for immediate check-out or to speak with Mrs. Bingham, our attendance secretary. Option #2 is to leave Mrs. Bingham a voicemail to excuse your student. (These messages may be left after school hours and can be excused within 5 days of the absence.) You may also excuse your students by emailing her at [cami.bingham@nebo.edu](mailto:cami.bingham@nebo.edu).

**For immediate check out** please call Mrs. Bingham at 801-794-6740 and select option #1. To excuse your student for past or upcoming absences, please leave a voicemail by selecting option #1, then option #2, or you may email Mrs. Bingham at [cami.bingham@nebo.edu](mailto:cami.bingham@nebo.edu). You may excuse an absence or tardy **within five days** and will only be able to excuse five tardies per term. Tardies cannot be excused in between class periods or 2nd or 4th period.

**Attendance recovery** will still be held in the library computer lab. It will take place every day at lunch and Mondays and Wednesdays after school. Students can also arrange attendance recovery options with individual teachers.

If you or your student feels there was a mistake made on their attendance, please have your student talk with the teacher to have it resolved. For example, if they were present or tardy but marked absent by mistake, they would need to clarify that with the teacher who took roll.

## ALC STUDENTS

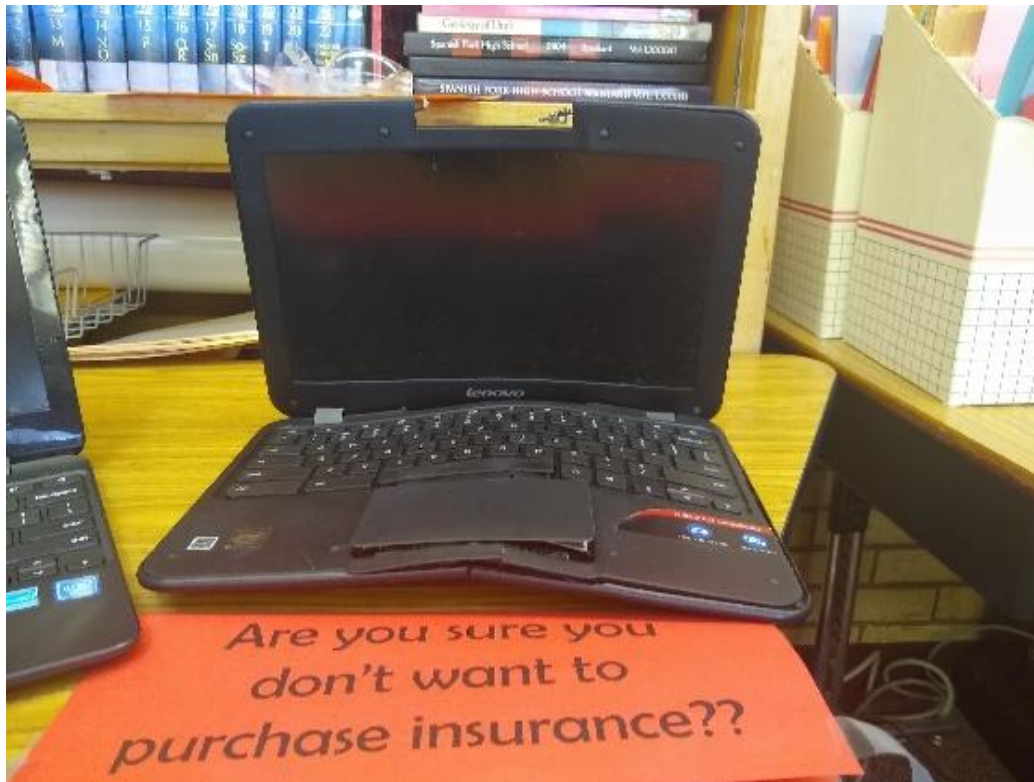
MMHS students who will be attending the ALC need to be aware of the following:

- Students need to be responsible for communicating with their teachers if they need to leave class early to get to their ALC classes, or if they will be arriving late from their ALC classes. MMHS teachers are very willing to work with students on these types of schedules, so please be sure to communicate with them.
- When our school is on an assembly schedule, please remember that the ALC bell and bus schedule **DO NOT change**. They run on their normal schedules every day!!!
- **The bus picks up our ALC students in the bus lane, which is located at the North end of the school. This is a new bus pick-up and drop-off location from last year so please make note of this update.** Please be prompt when meeting the bus!!! They run on a very tight schedule, trying to pick-up high school students throughout the district and transporting them to the ALC building located in Salem, and cannot wait for students who are running late. Students who miss the ALC bus are responsible for working out their own transportation to the ALC – the bus will not return to pick-up late students.
- We have ALC bus and bell schedules in the front office, and they may also be accessed on the ALC website.
- Please always check in the front office if you have questions or need assistance. The ALC phone number is: 801-423-7029

## STUDENT FEES & CHROMEBOOK INFORMATION

If you have not taken care of your school fees, please do so as soon as possible by visiting [myschoolfees.com](http://myschoolfees.com). If you have any questions or concerns, please contact the Finance Office.

Don't forget to purchase your \$30 chromebook insurance for this school year before you actually need it (as pictured below). Contact the school for more information.



## MMHS ELLEVÉS TAKE 4th AT STATE 5A DRILL COMPETITION

On Wednesday, February 1, 2023, the MMHS Ellevés competed in the State 5A Semi Finals Drill Team Competition held at UVU. Teams were placed in “pods” of four based on their RPI ranking. Two teams from each pod advanced to the finals. The Ellevés were one of the two teams who advanced to the finals from their pod.

On Saturday, February 4, 2023, the Ellevés competed in the finals and placed 3rd in the military category, 4th in the dance category, and 2nd (tied for 1st ) in the show category. Overall Maple Mountain placed 4th (tied for 3rd ). There were nine 5A schools competing.

In the 5A Drill Down competition, Sarah Warren, daughter of Ryan and Karen Warren, won 1st place and Alyssa Clark, daughter of Chayce and Natalie Clark, won 2nd place.

Three Ellevés were named to the 5A All-State Dance Team—Hadlie Miller, daughter of Haley Miller and the late Jayson Miller; Lauren Taylor, daughter of Christopher and Tammy Taylor; and Oaklee Tingey, daughter of RaShel Shepherd and Ty Tingey. Each 5A team sent three girls to learn a routine that they auditioned in front of judges and then 25 girls were selected as the 5A All-State Dance Team. At the State Finals, each member of the All-State Team performed a short, self-choreographed routine and was given a medal.

Ellevé Coach, Molly Brenchley, was awarded the 5A Coach of the Year award. The Utah Dance/Drill Coaches Association nominates a coach each year for this award and then it is voted on by the other 5A coaches.

Congratulation Ellevés and coaches on a great competition season! The team would like to thank all of the students, parents, administration, and fans who came to State. We really appreciate all of your support this year!









## Golden Eagle Fans:

For all things athletics, make sure you are checking out [MMHSGoldenEagles.com](http://MMHSGoldenEagles.com). Here you will find the official athletic site for Maple Mountain that includes schedules, scores, pictures, links to Register My Athlete, cool stories on our student-athletes and much more.

MAPLE MOUNTAIN EAGLES

Admin Login Sign Up For Alerts Register An Athlete

FALL WINTER SPRING YEAR-ROUND ACTIVITIES PHOTOS CALENDAR SHOP MORE

FEATURED

MULTIPLE TEAMS - FEB 27  
2018-2019 Boys Soccer Team

EAGLES NEWS - FEB 21  
Spring Sports Try-Out Information

GIRLS VARSITY SWIMMING - FEB 18  
Prep of the Week - Mallory McKell - Feb 18 2019

LATEST PHOTO GALLERIES

View All Galleries

LATEST NEWS

https://mmhsgoldeneagles.com/photos/photos-varsity-football-skyridge-2018

LE TEAMS - FEB 27

EAGLES OFFICIAL SPONSOR

Your Dream Team for Healing

Intermountain  
Utah Valley Chiropractic  
and Sports Medicine

UVSPORTSMED.ORG | 801-442-80NE (2663)

New Alerts Help

## Upcoming Events for February 6-11:

### \*Monday, February 6

Term 3 Midterm

### \*Tuesday, February 7

Boys basketball @ Spanish Fork  
Girls basketball @ Spanish Fork

### Wednesday, February 8

PTSC Service Club lunch, 10:50 a.m.

**\*Thursday, February 9**

Concert Choir auditions

**\*Friday, February 10**

Sweethearts assembly

Concert Choir auditions

Boys basketball @ Salem Hills

Girls basketball @ Salem Hills

**Saturday, February 11**

Sweethearts Dance, 8:00-10:00 p.m.

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♥♥ (You will LOVE These!) ♥♥

# Top TEN Tips for Raising Children with Special Needs

This class will go over parenting tips specific for parents of children with disabilities, including:

**Mindset**

**Grief with a new diagnosis or challenge**

**Dealing with crisis**

**Parenting techniques that work**

**Advocating for your child**

**Controlling your level of stress**

**Dealing with unwanted advice**

**Having laughter and hope in the journey!**

**THURSDAY  
FEBRUARY  
9TH**

**7 - 8:30 PM**

**Register to Attend Via Zoom**  
**<https://bit.ly/Nebo10TIPS>**

Questions?

Contact Heidi Whittaker, Parent Consultant Serving Nebo School District

801-228-8144

[heidi@utahparentcenter.org](mailto:heidi@utahparentcenter.org)



# Maple Mountain High School

**\$25 DEADLINE: 02/03/2023**  
**\$50 02/04/2023 - 02/17/2023**

Dear Parent or Student,  
Yearbook Recognition Ads are the perfect way to commemorate achievements and celebrate milestones. In addition, revenues from Recognition Ads help our school create a better yearbook. To purchase your ad online, follow the instructions listed below. Jostens is responsible for our school's yearbook ad sales. Please do not contact or send materials to the school. Please also consider our school's ad content guidelines below during the creation of your ad online. All orders must be placed by 02/03/2023.

## ORDER YOUR YEARBOOK RECOGNITION AD TODAY!



ORDER BY 02/03/2023

### COLOR AD

1/8 Page	\$25.00	Until Feb 3
1/8 Page	\$50	Feb 4 - Feb 17

Note: The yearbook staff may adjust color and design to match the theme of the yearbook.

\*Tax, service and delivery fee(s) will be added if applicable.  
\*Credit card installment plan available for orders of \$30 or more.

**IT'S EASY! Create your ad online at**  
**[www.jostensadservice.com/student](http://www.jostensadservice.com/student)**

- 1. Choose your ad size and layout.**
- 2. Enter your text and upload your photos.**

### Important information about Yearbook Recognition Ads

- Our school reserves the right to edit ads per our guidelines.
- We retain the right to remove any explicit text, graphic photos or copyright-protected imagery or photos.
- For the ad to appear in the yearbook, your ad must be purchased by the order deadline.
- Color photographs uploaded for black-and-white ads will appear in black and white.
- We will make every effort to use your layout and text as indicated. A proof will not be provided and no changes can be made after purchase.

### GUIDELINES SURROUNDING RECOGNITION AD CONTENT.

Our school reserves the right to edit ads per our guidelines. Please make sure all submitted materials are appropriate for school publication.

## EASY PAYMENT PLAN AVAILABLE\*

### Frequently Asked Questions

#### How are the ad prices determined and what is the money used for?

Ad prices are determined by our school. The revenue from Recognition Ads helps support our yearbook and keep it affordable for everyone.

#### How is the ad deadline determined?

The ad deadline is set by our school based on the production schedule for the yearbook.

#### Can I create my student's ad on my mobile device?

Yes, yearbook ads can be created online from both desktop and mobile devices.

#### Can I send my materials to the school?

No, please do not send your materials to our school. Our school has selected Jostens to assist with our ad program. Please call our customer service number (800-358-0800) if you have questions or need assistance in creating your ad.

More questions? Call Jostens at (800) 358-0800.

**[www.jostensadservice.com/student](http://www.jostensadservice.com/student)**



The Jostens logo is written in a stylized, cursive font with a registered trademark symbol (®) at the end.

Maple Mountain High School  
**Sweetheart's Assembly**  
**Bell Schedule**

**Friday, February 10, 2023**

(55 min assembly, 70 min class, 5 min pass, 35 min lunch)

	<b>1<sup>st</sup></b>	<b>7:50 – 9:00</b>
<b>Assembly</b>		<b>9:05 – 10:00 (Main Gym)</b>
	<b>2<sup>nd</sup></b>	<b>10:10 – 11:20</b>
<b>Lunch</b>		<b>11:20 – 11:55</b>
	<b>3<sup>rd</sup></b>	<b>12:00 – 1:10</b>
	<b>4<sup>th</sup></b>	<b>1:15 – 2:25</b>



RTOS  
VALOGRAMS

\*Online Sales: Monday, Feb. 6 - Friday, Feb. 10<sup>th</sup>



Scan the QR Code for the "Success Fund" Website. Sales end at 3:00 p.m. on Feb. 10<sup>th</sup>

\*In Person Sales: Wednesday Feb. 8<sup>th</sup> – Friday, Feb. 10<sup>th</sup>  
(CASH ONLY)

Main Hallway – DURING LUNCH ONLY

All Valograms will be delivered during 3<sup>rd</sup> period on Feb. 13<sup>th</sup> & 14<sup>th</sup>

**-Valograms will NOT be available to purchase at the finance office**

# EXPLORER DAY ShoTech

womentechcouncil®

FEB 28, 2023 - MOUNTAIN AMERICA EXPO, SANDY

## WHAT:

- ✓ Hands-On Tech
- ✓ Interactive Workshops
- ✓ Hundreds of Mentors
- ✓ Career Exploration

## WHO:

- ✓ 9-12th Grade  
High School Girls

## WHY:

- ✓ Friends
- ✓ Prizes
- ✓ Cool Tech
- ✓ Free Swag



ASPEN - SUMMIT ACADEMY HIGH SCHOOL

REGISTER  
HERE



SHETECHEXPLORER.COM





# Take part in a FREE 8-week Family Life Education Course with the **UVU STRONGER FAMILIES PROJECT**

## Build On Your Family's Strengths & Values!

Using an **evidence-based, nationally-recognized curriculum**, we teach both parents and children how to improve their interaction and emotional patterns within the family.

In-person sessions will be delivered at various locations in Utah County.

**Classes begin the week of January 30<sup>th</sup> and are held one evening per week through Mar. 30<sup>th</sup>**

Except for the Parent-Only, all other classes are for the entire family. Sessions fill up quickly and space in the program is limited.

<b>Spring Sessions:</b>	<b>Covered Topics:</b>
<p><b>Tuesday Night:</b> Orem Jr. High 6:30-8:00 pm <b>*Whole Family</b></p> <p><b>Tuesday Night:</b> UVU Campus SFP House 6:30-8:00 pm <b>*Parent Only Spanish</b> <small>Newborns to 1-year-olds may stay with parents and 1-6-year-olds may attend a free educational childcare classroom during this time.</small></p> <p><b>Thursday Night:</b> Early Learning Essentials 6:30-8:00 pm <b>*Whole Family, only for families enrolled with ELE</b></p>	<ul style="list-style-type: none"> <li>• Healthy Patterns of Communication</li> <li>• Family Interpersonal Skills</li> <li>• Conflict Resolution</li> <li>• Emotional &amp; Mental Health</li> <li>• Positive Discipline</li> <li>• Problem Solving</li> <li>• Goal Setting and Achievement</li> <li>• Anger Management</li> <li>• Establishing Family Values</li> </ul>

**Apply at: <https://www.uvu.edu/sfp/apply/>**

strongerfamilies@uvu.edu • 801.863.7235 • [www.uvu.edu/sfp](http://www.uvu.edu/sfp)

[www.facebook.com/UVUStrongerFamiliesProject/](https://www.facebook.com/UVUStrongerFamiliesProject/)



Participe en un curso de educación para la vida familiar **GRATUITO** de 8 semanas con el **PROYECTO UVU FAMILIAS MÁS FUERTES**

**Mejorará las fortalezas y los valores de su familia**

Utilizamos un plan de estudios basado en evidencia y reconocido a nivel nacional, enseñamos a los padres cómo mejorar sus interacciones y sus patrones de dinámica dentro de la familia.

**Las clases comienzan el 31 de enero y se llevan a cabo hasta el 28 de Marzo.  
Se llevan a cabo todos los martes de 6:30 a 8:00 PM  
en la casa de Stronger Families, 1140 S 400 W, Orem Utah.**

La clase de español será solo para padres. Se proporcionará cuidado de niños para niños de 6 años y menores (los niños 12 meses y menores se quedan con sus padres).  
Las sesiones se llenan rápidamente y el espacio en el programa es limitado.

**Temas cubiertos:**

- Patrones saludables de comunicación
- Habilidades interpersonales familiares
- Resolución de conflictos
- Salud emocional y mental
- Disciplina positiva
- Resolución de problemas
- Establecimiento y logro de metas
- Control de la ira
- Establecimiento de valores familiares

**Registrarse en: <https://www.uvu.edu/sfp/apply/>**

strongerfamilies@uvu.edu • 801.863.7235 • [www.uvu.edu/sfp](http://www.uvu.edu/sfp)

[www.facebook.com/UVUStrongerFamiliesProject/](https://www.facebook.com/UVUStrongerFamiliesProject/)

### Policy for Dealing with Communicable Disease in the School/Day Care Setting

Controlling communicable disease in the day care and school setting is of utmost importance. Providing a safe, comfortable, and healthy environment facilitates the educational process, encourages social development, and allows children to acquire healthy attitudes toward organized settings.

Children who are ill or feel sick can create difficulties in group settings. An ill child often demands more attention from the teacher or caregiver and cannot fully participate in group or educational activities. Worse yet, the child with a communicable disease may spread the illness to others. This is especially true in the case of medically fragile children. Accordingly, it is essential that educators, parents, and day care providers control the spread of communicable disease by safe, effective, and practical efforts.

The following are conditions of special concern to us for which children should be kept home and when necessary, diagnosed and treated by a licensed clinician before returning to school or day care:

**1. Colds/Flu**

Children with coughing, sneezing, chills, general body discomfort, fatigue, fever, and discharge from the nose and/or eyes, should be kept home until fever is resolved for 48 hours (without the use of fever-reducing medicine) and any yellow or green drainage is resolved.

**2. COVID-19 – Don't hesitate, stay home when sick.**

A person testing positive for COVID-19 should stay home until:

- Symptoms are improving, at least 5 days has passed since symptoms first appeared,
- AND have no fever for at least 24 hours

In all cases, parents should follow the guidance of their doctor.

**3. Persistent Cough**

Cough lasting longer than 3-4 days especially if induces vomiting, passing out or a cough that is productive of colored sputum.

**4. Diarrheal Diseases**

An increase in the number of bowel movements compared with the child's normal pattern with watery or unformed stools which may be accompanied by nausea, vomiting, abdominal cramping, headache, and/or fever should be resolved for at 48 hours before returning to school. If any kind of stool softeners (fleets, enema, laxative, etc.) are administered, please keep student home for at least 24 hours.

**5. Pinkeye or Conjunctivitis**

Symptoms of conjunctivitis include redness, discharge from eye, matted eyelashes, and burning or itching eyes and should be evaluated by a healthcare provider. The individual must have the symptoms resolved or be treated with a topical antibiotic for at least 24 hours before returning to school.

**Board of Health**

Jordan Singleton, Chair

Mark Donaldson  
Amelia Powers Gardner

Julie Fullmer  
Shane Farnsworth

Ryan Schooley  
Gaye Ray

Ann Anderson  
Carl Hanson

Jeffrey Ogden  
Michael Kennedy

[Type text]



## UTAH COUNTY HEALTH DEPARTMENT

Eric S. Edwards, M.C.H.E.S., M.P.A.  
*Executive Director*

Tyler Plewe, M.P.A., E.H.S.  
*Deputy Director*

**6. Open wounds or sores**

Wounds that are open or draining should be kept covered with a dressing.

**7. Vomiting**

Must be free of vomiting for 48 hours prior to returning to school or 72 hours if norovirus is suspected.

**8. Strep throat or other bacterial infection**

Should be treated with an antibiotic for at least 24 hours, and fever-free for at least 24 hours.

**9. Temperature over 100.4**

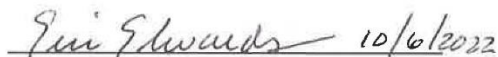
Must be afebrile for 48 hours **without** the use of medicine that reduces fevers before returning to school.


**10. Skin Rash**

Presence of any skin rash that might be due to an infection should be evaluated by a healthcare provider or resolved before returning to school

It would be greatly appreciated if children with these problems could bring a note from their healthcare provider when they return to school.

Thank you for helping us care for and teach your children by providing for their medical needs.  
Please contact your school nurse with any questions.

  
Eric Edwards, M.C.H.E.S., M.P.A.,      Date  
Executive Director  
Utah County Health Department

  
David C. Flinders, M.D.      Date  
Medical Director  
Utah County Health Department

151 South University Avenue, Provo, Utah 84601-4427 • [health.utahcounty.gov](http://health.utahcounty.gov) • Phone: 801.851.7000 • Fax: 801.851.7009

### Board of Health

Jordan Singleton, Chair

Mark Donaldson  
Amelia Powers Gardner

Julie Fullmer  
Shane Farnsworth

Ryan Schooley  
Gaye Ray

Ann Anderson  
Carl Hanson

Jeffrey Ogden  
Michael Kennedy



# Utah Boys State

## An American Legion Youth Program

**COPY**

Dear Scholarship Counselor,

December 6, 2023

Greetings, I am excited to announce The American Legion Department of Utah Boys State Program class of 2023, conducted on the Weber State University campus June 11-16, 2023.

Boys qualify for some great scholarships through Weber State University, Samsung Corporation, and private sponsors, earn 3 semester hours of college credit all the while learning about civics and our government in a fun, friendly and safe environment.

*"It's a week that will change your life, you really can't explain what Boys State is, you must experience it."*

**ELIGIBILITY:** Boys that will complete their junior year of high school in the spring of 2023, have a GPA of 2.0 or higher, considered good citizens in their high school and community, have at least one semester of their senior year remaining at the completion of Boys State are eligible.

**REGISTRATION OPENS:** Online [www.utahboysstate.org](http://www.utahboysstate.org) on or about January 3, 2023.

**REGISTRATION CLOSES:** The online portal will close on April 16, 2023, at midnight.

**GOAL:** The first 300 boys that complete a registration with payment will have a seat. To be considered complete, the student registration must be complete, printed & signed, it and full payment must be received by our Boys State Administrator for final acceptance. Boys will receive two emails, one when they begin the registration process and another when their registration has been accepted.

**PER STUDENT COST:** \$325.00 checks or money order preferred, cash not encouraged, but will be accepted, money due with completed & printed paper application must be post marked by May 1, 2023. Mail to American Legion Utah Boys State, PO Box 187, Kaysville, UT 84037-0187

**WHEN & WHERE:** All students will check in on Sunday afternoon, June 11, 2023, at Weber State University, Ogden, Utah. [www.utahboysstate.org](http://www.utahboysstate.org)

**GRADUATION:** Friday, June 16, 2023, ceremonies will take place in the Student Union Building Ballroom A/B at 11:00 am. All family and friends are invited to attend.

Where can you learn more? <https://www.utahboysstate.org> time permitting, please become familiar with all the topic tabs located on our website, including the FAQs tab where you'll find many answers to commonly asked questions. A down-loadable, printable flyer is on this site.

Thank you for your support and all that you do for our communities. Please don't hesitate to contact me with any questions. [utahboysstate@gmail.com](mailto:utahboysstate@gmail.com) 435-790-4782

Doug Case, President, The American Legion Department of Utah Boys State.

American Legion Utah Boys State Inc, PO Box 187, Kaysville, Utah  
84037-0187  
<https://utahboysstate.org> Hands-on Democracy Government





## THE AMERICAN LEGION DEPARTMENT OF UTAH

November 2022

**Utah Boys State** registration begins January 3, 2023 for the Class of 2023, June 11-16, 2023. Tuition has decreased to \$325 per student. We are recruiting for City Counselors. UBS website has flyers, what Posts are responsible for, a sample application, and many other FAQs. UBS website is [www.utahboysstate.org](http://www.utahboysstate.org).



### American Legion High School Oratorical Contest

Posts should be getting into full swing with their Post and District level competitions by contacting their schools. The Department (State) level competition is March 4, 2023 in Provo with 1<sup>st</sup>/2<sup>nd</sup>/3<sup>rd</sup> place winners = \$1,500/\$1,000/\$750, and the National competition in Indianapolis April 21-23, 2023 with 1<sup>st</sup>/2<sup>nd</sup>/3<sup>rd</sup> place winners = \$25,000/\$22,500/\$20,000 (all expense paid for state winners to attend). For more information go to [www.legion.org/oratorical](http://www.legion.org/oratorical), or contact Oratorical Chair Shiela Heindel at [seheindel@gmail.com](mailto:seheindel@gmail.com)/ (801)768-4527.



# Daily Bell Schedule

(85 min class, 5 min pass, 35 min lunch)

**1<sup>st</sup> 7:50 - 9:20**

(5 min for announcements at the end of 1<sup>st</sup>)

**2<sup>nd</sup> 9:25 - 10:50**

**Lunch 10:50 - 11:25**

**3<sup>rd</sup> 11:30 - 12:55**

**4<sup>th</sup> 1:00 - 2:25**

## Early Out Monday (Collaboration)

(75 min class, 5 min pass, 35 min lunch)

**1<sup>st</sup> 7:50 - 9:05**

**2<sup>nd</sup> 9:10 - 10:25**

**Lunch 10:25 - 11:00**

**3<sup>rd</sup> 11:05 - 12:20**

**4<sup>th</sup> 12:25 - 1:40**

**Collaboration 1:40 - 3:00**

## Assembly Bell Schedule

(55 min assembly, 70 min class, 5 min pass, 35 min lunch)

**1<sup>st</sup> 7:50 - 9:00**

**Assembly 9:05 - 10:00**

**2<sup>nd</sup> 10:10 - 11:20**

**Lunch 11:20 - 11:55**

**3<sup>rd</sup> 12:00 - 1:10**

**4<sup>th</sup> 1:15 - 2:25**

Updated May, 2021

**Maple Mountain High School**