MMHS Eagle HighFlights

March 20, 2023

MARCH COUNSELING NEWSLETTER

See the <u>March Counseling Newsletter</u> for information regarding scholarships, graduation, and more.

MAPLE

SUMMER DRIVERS ED

Summer and Fall Driver Education class dates are now posted. Sign ups opened March 1st. Classes fill quickly. You MUST have a valid learner permit when signing up.

ACT FOR JUNIORS—Important Instructions

On Wednesday, March 22nd the ACT will be administered to all junior students at MMHS. Sophomore and senior students do not need to attend on this day. Juniors will need to bring with them a no.2 pencil and an approved calculator if they wish to use one for the math portion of the test. All of the problems on the math test can be solved without the use of a calculator. This year's test does not include the writing section. The test must be taken on a school chrome book. Students will need to bring their school issued chrome books fully charged and ready to go on the morning of the test. We will have a **limited** number of chrome books available for those students who do not have a school issued chrome book. Students will be working with their English teachers to create their MyACT accounts and complete the Non-Test Information over the next couple of weeks. Having this done before our test date will allow them to send their scores to four colleges for free and make it easier for them to access their scores when they become available. We ask for your help in encouraging your student to make sure that this is completed before the day of the test.

Testing will begin promptly at 7:50 so please be on time. A list of room assignments will be posted by the counseling office and library. Testing will take approximately 3 1/2 hours, and buses will arrive to pick up students at 11:30.

For a practice tests and a free guide to help prepare you to take the test online, visit <u>https://www.act.org/content/act/en/products-and-services/state-and-district-solutions/act-info-for-examinees.html</u>

Cell phones, smart watches, or any other electronic device that can connect to the internet are not allowed to be used at any time during the test, including breaks. Please make arrangements to leave these items at home on test day.

Chromebooks need to be updated for the ACT!

-Login and click on the status bar (lower right, wifi area)

- -Click on the Settings (gear) Icon (upper-right area)
- -Click on About Chrome OS (lower left on list)
- -Click Check for Updates
- -Restart your Chromebook to install updates

"SAVE FERRIS" FUNDRAISER WEEK

Help support Anabel, a young woman at our school with cancer, by attending fun activities, eating out, and/or making donations! See the flyers at the end of this newsletter.

PHOTOS FOR YEARBOOK

The yearbook staff is not always able to attend every school event, but you parents and friends do! We welcome all photos from parents or students taken at any school event that show Maple Mountain students (especially if their faces are visible!). Be aware that the yearbook staff selects the best images to match the story of the page so not all submissions are used. Submit any images you want to tyler.lewis@nebo.edu and include the first and last names of any students in the image. Thank you!

MARCH STUDENTS OF THE MONTH

Congratulations to our March outstanding students, nominated by the Visual Arts department!

Sophomores:	Leah Ashton and Brandon Bodmer
Juniors:	Liahona Tan and Tyler Montgomery
Seniors:	Ellie Etherington and Daniel Skelton

UNIVERSITY OF UTAH—STRONG START

The University of Utah is offering a new summer bridge program called <u>Strong Start</u> for 300 first-year students who are planning to attend the University of Utah. Students will live on campus and enroll in two classes: a math or writing course and a general education course in design thinking. As part of the program, students will be exposed to a variety of campus departments, services, and resources. On-campus housing is an option for students as well.

This program takes place during the second summer session from June 23-August 2. Students will also need to register for one of the June 22-23 New Student Orientation Sessions.

Applications are due Monday April 3rd.

Strong Start is an open University of Utah summer bridge program. Students who are interested in the program but may have financial barriers should fill out both the 2022-2023 AND the 2023-2024 FAFSA. In addition, scholarship money is available for students who identify as low income and first generation who are accepted into the program. More information about costs as well as the application can be found here: <u>Strong Start - Office of Undergraduate Studies - The University of Utah</u>

UVU SUMMER BRIDGE—Free College Credit!

(see flyer at the end of this newsletter)

WHO SHOULD APPLY?

Utah high school students currently in grades 9th – 11th. Students with a minimum of 2.5 GPA and higher. Students considering attending Utah Valley University and/or considering a major in business, engineering, or science.

DATES & LOCATION:

June 26, 2023 - August 9, 2023 Monday - Thursday 9:00 AM – 2:00 PM All classes will be held in person at our UVU campus in Orem. Students are required attend during scheduled times. Classes will not be recorded.

PROGRAM OPTIONS:

Engineers & Technologists of Tomorrow Program: Engineering 1000 Technology 1010

Latino Scientists of Tomorrow* Program:

Biology 1010 Geology 1010

*The Latino Scientists of Tomorrow program is open to all qualified students and is not limited to those of Latino heritage.

Business Leaders of Tomorrow Program:

Business Management 1010 Business Management 1400

HOW TO APPLY?

Apply at: https://www.uvu.edu/bridge/

REGISTER MY ATHLETE

Athletes: Avery Leckie is our athletic secretary at Maple Mountain High School. If you have questions about participating or eligibility for a sport, please contact her at <u>avery.leckie@nebo.edu</u>

PARENT SUB OPPORTUNITY

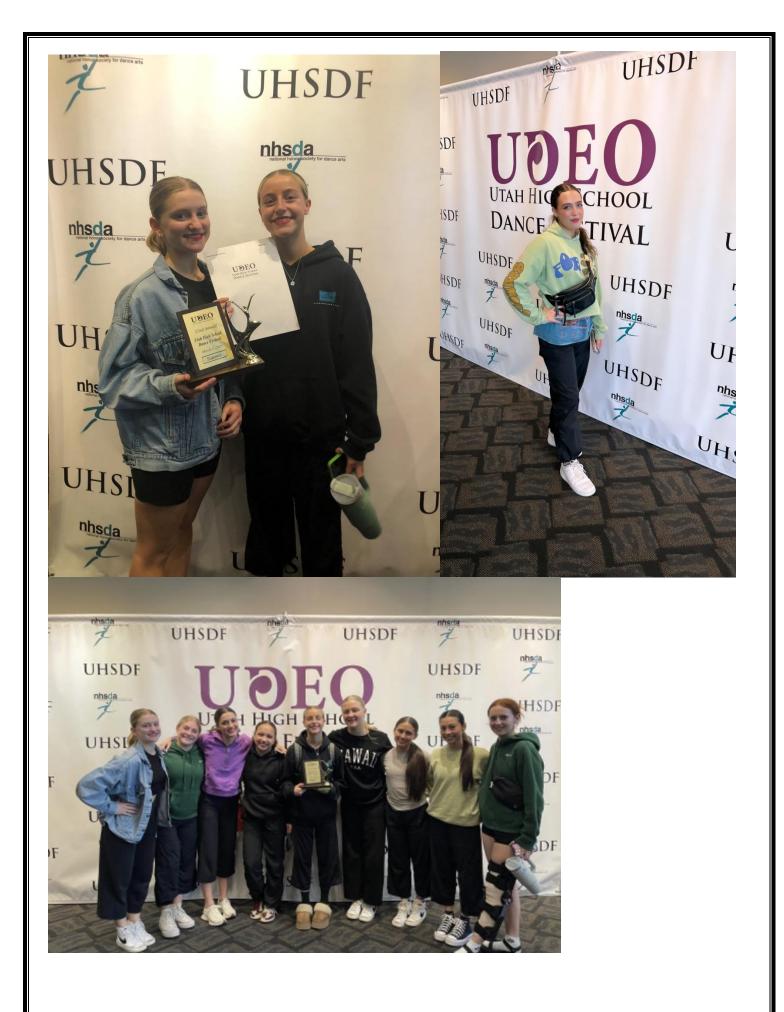
If any parents are interested in subbing at our school, that would be wonderful! Just log on to <u>www.EDUStaff.org</u> or call EduStaff at 877-974-6338, for more information. This would be a great way to earn a little extra money and also be a part of our fun MMHS team.

CONGRATS MMHS DANCE COMPANY!

A huge congratulations to our Dance Company! They received two Superior ratings--the highest you can get--for Elle Bullocks and Emily Edwards' student choreography at the Utah State High School Dance Festival in St. George this weekend. Elle Bullock, Madi Goulding and Emily Edwards received dance scholarships from Weber State, UVU, and BYU. Ellie Hadfield received the Outstanding Dancer Award. Way to go MMDC!









UHSAA ACADEMIC ALL-STATE: WINTER SPORTS

Congratulations to the following student athletes, who received the prestigious UHSAA Academic All-State Award! For over 25 years the UHSAA has presented this award to recognize those students who have excelled in the classroom as well as in athletic competition. Individuals are selected for this award on the basis of their athletic ability and academic proficiency.













Josh Biesinger Wrestling Nathan Birch Wrestling

Alexis Hill Drill Miriam Kelly Swim Kaylie Tracy Basketball Sarah Warren Drill

PTSC (Parent Teacher Student Club)

If you are interested in joining the PTSC or serving on the PTSC Board next year, please contact Suzanne Asay at 801-687-5889.

PTSC Board 2022-23

President – Suzanne Asay President Elect – Secretary – Karen Matsuoka Treasurer – Jenny Garrett PTC Dinners – Angie Workman Student Service Club – Sarah Winward and Bobbi Nelson Teacher Appreciation Monthly Treats – Kara Woodworth and Karen Matsuoka Foreign Film/Art Festival – Kara Woodworth Sucker Sales – Alison Robison and Suzanne Asay Membership – Janelle Day Val-O-grams – Jenny Garrett and Janelle Day Scholarships – JoAnn Brown and Emily Hakes Graduation Party – Kelly Burtenshaw Teacher Appreciation Week – Audrey Jacobson, Jami Peterson, and Kristen Northcutt Teacher Birthdays – Tawni Porcaro

IMPORTANT ATTENDANCE INFORMATION

When checking out your student, please call ahead (or send a note with your student) to speed up the check-out process. DO NOT leave a message or send an email for immediate check-out. If you cannot get through on our attendance line, please call the main office and someone will assist you (801-794-6740).

When calling the attendance office please listen to both options. Option #1 is for immediate check-out or to speak with Mrs. Bingham, our attendance secretary. Option #2 is to leave Mrs. Bingham a voicemail to excuse your student. (These messages may be left after school hours and can be excused within 5 days of the absence.) You may also excuse your students by emailing her at cami.bingham@nebo.edu.

For immediate check out please call Mrs. Bingham at 801-794-6740 and select option #1. To excuse your student for past or upcoming absences, please leave a voicemail by selecting option #1, then option #2, or you may email Mrs. Bingham at cami.bingham@nebo.edu. You may excuse an absence or tardy **within five days** and will only be able to excuse five tardies per term. Tardies cannot be excused in between class periods or 2nd or 4th period.

Attendance recovery will still be held in the library computer lab. It will take place every day at lunch and Mondays and Wednesdays after school. Students can also arrange attendance recovery options with individual teachers.

If you or your student feels there was a mistake made on their attendance, please have your student talk with the teacher to have it resolved. For example, if they were present or tardy but marked absent by mistake, they would need to clarify that with the teacher who took roll.

ALC STUDENTS

MMHS students who will be attending the ALC need to be aware of the following:

- Students need to be responsible for communicating with their teachers if they need to leave class early to get to their ALC classes, or if they will be arriving late from their ALC classes. MMHS teachers are very willing to work with students on these types of schedules, so please be sure to communicate with them.
- When our school is on an assembly schedule, please remember that the ALC bell and bus schedule **DO NOT change**. They run on their normal schedules every day!!!
- The bus picks up our ALC students in the bus lane, which is located at the North end of the school. This is a new bus pick-up and drop-off location from last year so please make note of this update. Please be prompt when meeting the bus!!! They run on a very tight schedule, trying to pick-up high school students throughout the district and transporting them to the ALC building located in Salem, and cannot wait for students who are running late. Students who miss the ALC bus are responsible for working out their own transportation to the ALC the bus will not return to pick-up late students.
- We have ALC bus and bell schedules in the front office, and they may also be accessed on the ALC website.
- Please always check in the front office if you have questions or need assistance. The ALC phone number is: 801-423-7029

MMHS SWAG

New clothing is now available in the MMHS bookstore by the front office! Come see the latest hoodies, crewneck sweatshirts, and long and short sleeve t-shirts.

Also, check out our new blanket design—**AVAILABLE NOW**. We also have brand-new hat designs. Stop by the bookstore to check them out!

STUDENT FEES & CHROMEBOOK INFORMATION

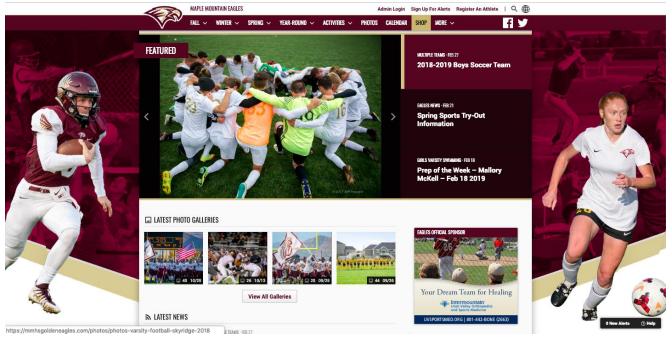
If you have not taken care of your school fees, please do so as soon as possible by visiting myschoolfees.com. If you have any questions or concerns, please contact the Finance Office.

Don't forget to purchase your \$30 chromebook insurance for this school year before you actually need it (as pictured below). Contact the school for more information.



Golden Eagle Fans:

For all things athletics, make sure you are checking out <u>MMHSGoldenEagles.com</u>. Here you will find the official athletic site for Maple Mountain that includes schedules, scores, pictures, links to Register My Athlete, cool stories on our student-athletes and much more.



Upcoming Events for March 20-25:

*Monday, March 20

Baseball vs. ALA @ MMHS Student Council Movie Night—7:00 p.m. in the cafeteria

*Tuesday, March 21

Baseball vs. Payson @ MMHS Boys Soccer @ Woods Cross Boys Tennis vs. Springville @ MMHS Region Drama @ Salem Hills Softball @ North Sanpete Track and Field Region Tri-Meet @ Spanish Fork

Wednesday, March 22

ACT test for juniors/ No school for sophomores and seniors

Boys Lacrosse vs. Skyline @ MMHS Region Chamber Choir Festival @ Timpanogos Region Instrumental Solo and Ensemble @ Salem Hills

*Thursday, March 23

Baseball vs. Park City @ MMHS Boys Tennis vs. Wasatch @ MMHS Girls Lacrosse vs. Payson @ MMHS Softball @ Grantsville

*Friday, March 24

State Jazz Festival @ Alta Class Royale Assembly (see schedule) Baseball vs. Herriman @ MMHS Boys Lacrosse vs. East @ MMHS Track and Field Mountain Valley Invite @ MMHS 80s Stag Dance—8:00-10:00 p.m. in the main gym

Saturday, March 25

State Jazz Festival @ Alta Baseball @ Bountiful Softball JV Tournament @ Payson

SAVE FERRIS WEEK

HELP SUPPORT ANABEL AND HER FAMILY THIS WEEK, BY ATTENDING ACTIVITIES, AND MAKING DONATIONS.

MONDAY, MARCH 20TH

Wear Anabel's favorite colors, hot pink and sky blue.

"Ferris Bueller's Day Off" showing in the MMHS cafeteria @ 7 PM \$5

WEDNESDAY, MARCH 22ND

Good luck juniors on the ACT Come to Chick-Fil-A from 5-9 PM

FRIDAY, MARCH 24TH

Class Royale Assembly! Dress up for your class theme: Seniors: Star Wars Juniors: Karate Kid Sophmores: Ghostbusters "Save Ferris" stag dance! From 8-10 pm in the gym! \$10! you can preorder the tickets now through

the QR code!

TUESDAY, MARCH 21ST

Dress like you're on a zoom meeting, dressy on top sweats on bottom Fiiz night at the Mapleton Fizz from 6-8 pm.

THURSDAY MARCH 23RD

Wear a Jersey to school! Have dinner at Zupas from 4-9 PM



Donate and buy tickets here! Thank you!!

SAVE FERRIS WEEK NICH

FERRIS BUELLER'S DAY OFF

7PM-9PM IN CAFETERIA BRING SNACKS FOR MOVIE!!! \$5 ENTRANCE - ALL PROCEEDS GO TO ANABEL

Maple Mountain

Tryouts 2023-24

Tryout Meeting

March 7 at 3 pm MMHS Team Room Potential Team Members only

Drill Intensive

March 13, 14, 15 3:30 - 5:30 pm MMHS Dance Studio \$15 Pay at MMHS Finance Office or online at myschoolfees.com Come learn techniques the Ellevés use and get prepared for tryouts.

Tryout Workshops

March 27, 28, 29 6 - 7:25 am MMHS Main Gym

Tryouts

March 30 3 pm MMHS Main Gym follow us on Instagram @mmhs_elleves for more information



SPIRIT NIGHT FUNDRAISER

Join us on Wednesday March 22, 2023 • 5:00- 9:00 Pm to help support Maple Mountain High School



Maple Mountain High School FUNDRAISER NIGHT WITH CAFÉ ZUPAS

LOCATION

DATE & TIME

507 E. 1000 N. Spanish Fork, UT Thursday March 23 4pm - 9pm

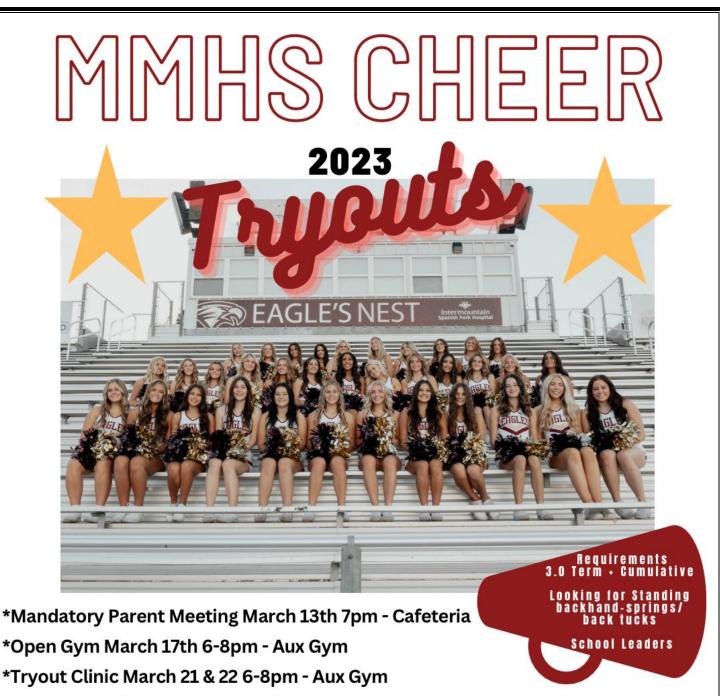
Many ways to earn up to 25% for your organization:

Dine-In or Take-Out: Let the cashier know you are with the fundraiser

Café Zupas Mobile App or Online Orders: Enter **FUNDRAISER25** at checkout







*Tryouts March 23 3:00pm - Both Gyms

Aubree.earnest@nebo.edu



Anditions DANCE COMPANY

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April 10-12 Applications link in Instagram bio @maplemountaindancecompany and in the front office



Take part in a FREE 8-week Family Life Education Course with the **UVU STRONGER FAMILIES PROJECT**

Build On Your Family's Strengths & Values!

Using an **evidence-based**, **nationally-recognized curriculum**, we teach both parents and children how to improve their interaction and emotional patterns within the family.

In-person sessions will be delivered at various locations in Utah County.

Classes begin the week of January 30th and are held one evening per week through Mar. 30th

Except for the Parent-Only, all other classes are for the entire family. Sessions fill up quickly and space in the program is limited.

Spring Sessions:	Covered Topics:
Tuesday Night: Orem Jr. High 6:30-8:00 pm *Whole Family Tuesday Night: UVU Campus SFP House 6:30-8:00 pm *Parent Only Spanish Newborns to 1-year-olds may stay with parents and 1-6-year-olds may stay with pa	 Healthy Patterns of Communication Family Interpersonal Skills Conflict Resolution Emotional & Mental Health Positive Discipline Problem Solving Goal Setting and Achievement Anger Management Establishing Family Values

Apply at: https://www.uvu.edu/sfp/apply/

strongerfamilies@uvu.edu • 801.863.7235 • www.uvu.edu/sfp

www.facebook.com/UVUStrongerFamiliesProject/



Participe en un curso de educación para la vida familiar GRATUITO de 8 semanas con el PROYECTO UVU FAMILIAS MÁS FUERTES

Mejorará las fortalezas y los valores de su familia

Utilizamos un plan de estudios basado en evidencia y reconocido a nivel nacional, enseñamos a los padres cómo mejorar sus interacciones y sus patrones de dinámica dentro de la familia.

Las clases comienzan el 31 de enero y se llevan a cabo hasta el 28 de Marzo. Se llevan a cabo todos los martes de 6:30 a 8:00 PM en la casa de Stronger Families, 1140 S 400 W, Orem Utah.

La clase de español será solo para padres. Se proporcionará cuidado de niños para niños de 6 años y menores (los niños 12 meses y menores se quedan con sus padres). Las sesiones se llenan rápidamente y el espacio en el programa es limitado.

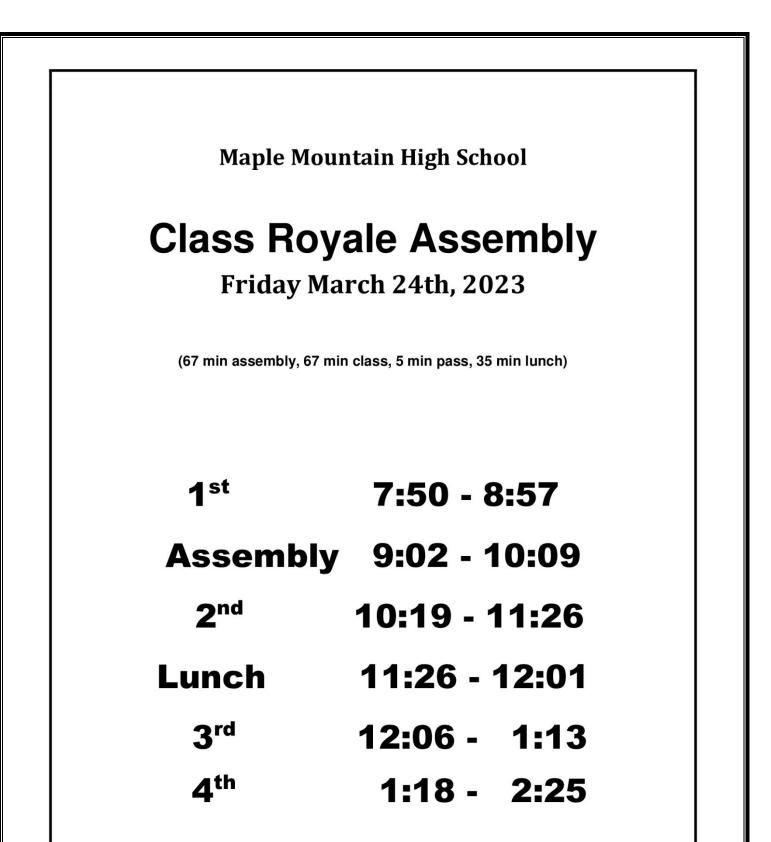
Temas cubiertos:

- Patrones saludables de comunicación
- Habilidades interpersonales familiares
- Resolución de conflictos
- Salud emocional y mental
- Disciplina positiva
- Resolución de problemas
- Establecimiento y logro de metas
- Control de la ira
- Establecimiento de valores familiares

Registrarse en: https://www.uvu.edu/sfp/apply/

strongerfamilies@uvu.edu • 801.863.7235 • www.uvu.edu/sfp

www.facebook.com/UVUStrongerFamiliesProject/





TAKE A FREE uvu course this summer!

Use the QR code to accept your scholarship!



If you are a graduating senior, you can take a FREE class that counts towards your degree! Don't just sit in a classroom; get real-world, hands-on experience!

- Build connections on campus and with potential employers
- Complete a course from June 19th August 11th
- Work with a business or non-profit organization on a real-world project
- Small class sizes (20 students max!)
- Peer mentors in every course to help you succeed

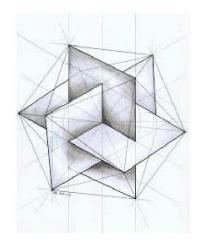




University of Utah Summer Mathematics Program for High School Students

2023 Program:

June 20 - July 7 Monday - Friday 10:00 AM - 4:00 PM Application deadline is June 1



For more information and application forms, visit: www.math.utah.edu/highschool/summerhsp.php





WHAT? A week long immersion in local, county and state government at Weber State University

WHY? To learn how Utah government works, make lots of new friends, earn 3 hours of University credit, scholarships from Weber State University, have fun, gain a new respect for Americanism and those who serve our country.

WHO? Girls who are finishing their Junior year in high school

HOW? Contact your school counselor or email us at <u>alautahgirlsstate@gmail.com</u> Registration opens in Feb 2023

COST? \$450.00 – includes everything for your week







WHEN? June 5-10, 2023

WHERE? Weber State University, Ogden, Utah https://apps.weber.edu/girlsstate/



Utah Boys State COPY

An American Legion Youth Program

Dear Scholarship Counselor,

December 6, 2023

Greetings, I am excited to announce The American Legion Department of Utah Boys State Program class of 2023, conducted on the Weber State University campus June 11-16, 2023.

Boys qualify for some great scholarships through Weber State University, Samsung Corporation, and private sponsors, earn 3 semester hours of college credit all the while learning about civics and our government in a fun, friendly and safe environment.

"It's a week that will change your life, you really can't explain what Boys State is, you must experience it."

<u>ELIGIBILITY</u>: Boys that will complete their junior year of high school in the spring of 2023, have a GPA of 2.0 or higher, considered good citizens in their high school and community, have at least one semester of their senior year remaining at the completion of Boys State are eligible.

REGISTRATION OPENS: Online www.utahboysstate.org on or about January 3, 2023.

REGISTRATION CLOSES: The online portal will close on April 16, 2023, at midnight.

<u>GOAL</u>: The first 300 boys that <u>complete a registration with payment</u> will have a seat. To be considered complete, the student registration must be complete, printed & signed, it and full payment must be received by our Boys State Administrator for final acceptance. Boys will receive two emails, one when they begin the registration process and another when their registration has been accepted.

<u>PER STUDENT COST</u>: \$325.00 checks or money order preferred, cash not encouraged, but will be accepted, money due with completed & printed paper application must be post marked by May 1, 2023. Mail to <u>American Legion Utah Boys State</u>, <u>PO Box 187</u>, <u>Kaysville</u>, <u>UT 84037-0187</u>

WHEN & WHERE: All students will check in on Sunday afternoon, June 11, 2023, at Weber State University, Ogden, Utah. www.utahboysstate.org

<u>GRADUATION</u>: Friday, June 16, 2023, ceremonies will take place in the Student Union Building Ballroom A/B at 11:00 am. All family and friends are invited to attend.

<u>Where can you learn more?</u> <u>https://www.utahboysstate.org</u> time permitting, please become familiar with all the topic tabs located on our website, including the FAQS tab where you'll find many answers to commonly asked questions. A down-loadable, printable flyer is on this site.

Thank you for your support and all that you do for our communities. Please don't hesitate to contact me with any questions. <u>utahboysstate@gmail.com</u> 435-790-4782

Doug Case, President, The American Legion Department of Utah Boys State.



American Legion Utah Boys State Inc, PO Box 187, Kaysville, Utah 84037-0187 https://utahboysstate.org Hands-on Democracy Government



THE AMERICAN LEGION DEPARTMENT OF UTAH

November 2022

Utah Boys State registration begins January 3, 2023 for the Class of 2023, June 11-16, 2023. Tuition has decreased to \$325 per student. We are recruiting for City Counselors. UBS website has flyers, what Posts are responsible for, a sample application, and many other FAQs. UBS website is www.utahboysstate.org.





American Legion High School Oratorical Contest

Posts should be getting into full swing with their Post and District level competitions by contacting their schools. The Department (State) level competition is March 4, 2023 in Provo with $1^{st}/2^{nd}/3^{rd}$ place winners = \$1,500/\$1,000/\$750, and the National competition in Indianapolis April 21-23, 2023 with $1^{st}/2^{nd}/3^{rd}$ place winners = \$25,000/\$22,500/\$20,000 (all expense paid for state winners to attend). For more information go to <u>www.legion.org/oratorical</u>, or contact Oratorical Chair Shiela Heindel at <u>seheindel@gmail.com/</u> (801)768-4527.



(85 min class, 5 min pass, 35 min lunch)

1 st	7:50 - 9:20
(5 min for announcements at the end of 1^{st})	
2^{nd}	9:25 - 10:50
Lunch	10:50 - 11:25
3rd	11:30 - 12:55

1:00 - 2:25

Collaboration)		
(75 min class, 5 min pass, 35 min lunch)		
1^{st}	7:50 - 9:05	
2 nd	9:10 - 10:25	
Lunch	10:25 -11:00	

4.th

- - 3rd 11:05 12:20
- 4th 12:25 1:40

Collaboration 1:40 - 3:00

Assembly Bell Schedule

(55 min assembly, 70 min class, 5 min pass, 35 min lunch)

1st 7:50 - 9:00

Assembly 9:05 - 10:00

2nd 10:10 - 11:20

Lunch 11:20 - 11:55

- 3rd 12:00 1:10
- 4th 1:15 2:25

Updated May, 2021

Maple Mountain High School