



MMHS Eagle HighFlights

September 3, 2019

PSAT

The PSAT will be administered at MMHS on Wednesday, October 16th. The PSAT serves as a practice test for the SAT as well as the qualifying test for the National Merit Scholarship. Sophomores and Juniors may take the test. In order to be considered for the National Merit Scholarship, the PSAT must be taken during the Fall of your Junior year. The cost of the test is \$20.00 and will be limited to 40 students. You can register by paying at myschoolfees.com or directly to the Finance Office. See your Counselor if you have questions or would like more information about the benefits of taking the PSAT.

STUDENT PARKING PERMITS

Students planning on using MMHS parking facilities need to register and pay for a parking permit. The permits are \$10 and can be paid for at the finance office. Students may pick up their parking permits in the copy center before school, during lunch, or after school. There is a Student Vehicle Registration Form that needs to be completed before picking up this permit. You find this form by going to our school's website (mmhs.nebo.edu), under Quicklinks, then selecting Parking Permits.

SCHOOL PICTURE DAYS

PICTURE MAKE-UP DAY IS SCHEDULED FOR TUES, OCTOBER 1st. Students are encouraged to wear "best dress" – especially our senior students!!! Extra packets are in the front office, or you may go to Bell Photo's website to order and pay for pictures: www.bellphoto.com You will need to enter our school code: mmhsnebofall2019. ****All students need to have their pictures taken in order to obtain a student ID card and be pictured in our yearbook, even if they do not plan on purchasing a picture packet.**

PARENT/TEACHER CONFERENCE

Our first Parent/Teacher Conference will be held on Wednesday, September 25th from 3:30-7:30pm, in the auxiliary gym. This is an important time to meet with your student's teachers regarding academic progress, goals, class expectations, etc. Please put this important evening on your calendar! We hope to see you all there!

LUNCH WORKERS NEEDED

Our lunch department is in need of lunch workers! Students who help will receive a FREE lunch. Please visit with Ms. Larsen, our lunch manager, in the cafeteria, if you are interested.

SCHOOL LUNCH SERVING DOMINOS PIZZA EVERY WEDNESDAY

Students! Every Wednesday our lunch department will be serving Dominos Pizza as one of your main lunch options. Remember that lunch is served in the cafeteria and also in the gym commons concessions area. So yummy!

ELLEVES HOLDING ANNUAL JR DRILL CLINIC

The Ellevés will be holding their annual fall Jr. Drill Clinic on September 9 -12, 2019. Registration will be on September 4 from 5 – 7 p.m. in the commons area outside of the MMHS Dance Studio. Cost is \$25. The clinic is for girls ages 3 – 13 and there will be a hip hop class for boys ages 5 – 10. All participants will perform at a JV football game. Contact any member of the drill team for more information. Bring attached flyer to receive a discount. Come dance with the MMHS Ellevés! (Info flyer below)

This is the 2019-2020 Detention Schedule, listing locations where students may make-up detention time. We have copies of this schedule in the front office and in Lab C-207. Please visit with Mrs. Davis or Mrs. Richins, if you have questions.

DETENTION MAKE-UP TIMES 2019-2020

Students must be on time, have school work to do, or a book to read. Absolutely NO cell phones. Students must sign in and sign out. A student can attend any or all of the following labs:

Place	Time						Fee
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Computer Lab (C-207) Mrs. Richins *Lunch Detention	10:27-11:02 am	10:50-11:25 am	10:50-11:25 am	10:50-11:25 am	10:50-11:25 am		N/F
Computer Lab (C-207) Mrs. Richins *After School Detention	1:45-4:00 pm	2:30-4:00 pm	2:30-4:00 pm	2:30-4:00 pm	2:30-4:00 pm		N/F
Math Lab (D-107, D-207, D-105, D-203, or D-210) *Before or After School Detention		2:30-3:30 pm (D-107) Mrs. Facer	6:50-7:50 am (D-207) Mr. Nelson 2:30-3:30 pm (D-105) Mr. Boyack	2:30-3:30 pm (D-203) Mrs. Rigby	6:50-7:50 am (D-210) Mr. Marker		N/F
Science Lab (D-202) Ms. Rogers *After School Detention	2:45-3:45 pm		2:30-3:30 pm	2:30-3:30 pm	2:30-3:30 pm		N/F
Detention Lab (D-208) Coach Burtenshaw *Before School Detention	7:00-7:45 am	7:00-7:45 am		7:00-7:45 am			N/F

In order to help students clear all of their Detention, we will be holding some make-up labs in room C207. The cost of these sessions will be \$5. Students need to pay and sign up in advance at the Finance Office. Students will serve 3 hours and receive 5 hours of detention credit: The following sessions will be available:

Mega Detention

*** Oct. 14th & 21st * Dec. 16th, Jan. 6th * March 2nd & 16th * April 27th, May 4th & 11th ***

Upcoming Events for September 3 – September 14:

*Sept 3

Girls' Tennis @ Wasatch

Girls' Soccer @ PHS

Musical Auditions after school in auditorium

*Sept 4

Musical Auditions after school in auditorium

Jr Drill Registration from 5-7pm in Dance Commons or with any member of MMHS Ellevest Team

*Sept 5

Girls' Tennis vs Provo @ MMHS

Girls' Soccer vs SHS @ MMHS

JV Football @ SHS

Volleyball vs Park City @ MMHS

Musical Auditions after school in auditorium

*Sept 6

Jostens visit (Junior students meet in the auditorium at the end of 1st period; senior students meet in the auditorium the beginning of 2nd period)

Musical Auditions after school in auditorium

Varsity Football vs SHS @ MMHS

*Sept 7

Cross Country Wasatch Invite @ Wasatch HS

*Sept 9

Marching Band Family Night @ 7pm on Football Field

Jr Drill Clinic in Dance Studio (A-117) 4-5pm (Sept 9th-12th)

*Sept 10

Girls' Tennis @ PHS

Volleyball @ SHS

Jr Drill Clinic in Dance Studio (A-117) 4-5pm (Sept 9th – 12th)

*Sept 11

PTSC Board Mtg @ 12:30pm

Jr Drill Clinic in Dance Studio (A-117) 4-5pm (Sept 9th – 12th)

*Sept 12

Senior Sunrise @ 6:00am on Football Field

Girls' Tennis vs SHS @ MMHS

Girls' Soccer vs SHS @ MMHS

JV Football vs PHS @ MMHS

Volleyball vs Provo @ MMHS

Jr Drill Clinic in Dance Studio (A-117) 4-5pm (Sept 9th – 12th)

*Sept 13

Varsity Football @ PHS

*Sept 14

Band Orem Showcase @ Orem HS

Cross Country Invite @ BYU

ALC BUS SCHEDULE

revised 8/13/19



Maple Mountain High

Pick-up/drop off in Northwest Parking lot

	Bus #	Depart MMHS	Arrive ALC
MTWThF	17 D	7:45a	7:58a
		Depart ALC	Arrive MMHS
TWThF	01 A	10:37a	10:50a
Mon	01 A	10:17a	10:30a
		Depart MMHS	Arrive ALC
TWThF	01 A	11:45a	12:00p
Mon	01 A	11:25a	11:40a
		Depart ALC	Arrive MMHS
TThF	15 B	2:27p	2:41p
Mon	15 B	1:47p	2:01p

Payson High

Pick-up/drop off in South Student Parking lot

	Bus #	Depart PHS	Arrive ALC
MTWThF	03 C	7:45a	7:56a
		Depart ALC	Arrive PHS
TWThF	19B	10:37a	10:48a
Mon	19B	10:17a	10:28a
		Depart PHS	Arrive ALC
TWThF	19B	11:49a	12:00p
Mon	19B	11:29a	11:40a
		Depart ALC	Arrive PHS
TWThF	08J	2:27p	2:38p
Mon	08J	1:47p	1:58p

Springville High

Pick-up/drop off in Bus Lane at front of school

	Bus #	Depart SHS	Arrive ALC
MTWThF	10E	7:45a	8:05a
		Depart ALC	Arrive SHS
TWThF	15F	10:36a	10:55a
Mon	15F	10:17a	10:36a
		Depart SHS	Arrive ALC
TWThF	15F	11:38a	12:00p
Mon	15F	11:18a	11:40a
		Depart ALC	Arrive SHS
TWThF	19F	2:27p	2:45p
Mon	19F	1:47p	2:05p

Spanish Fork High

Pick-up/drop off in bus lane on South side of school

	Bus #	Depart SFHS	Arrive ALC
MTWThF	13E	7:45a	7:55a
		Depart ALC	Arrive SFHS
TWThF	05C	10:37a	10:45a
Mon	05C	10:17a	10:25a
		Depart SFHS	Arrive ALC
TWThF	05C	11:50a	12:00p
Mon	05C	11:30a	11:40a
		Depart ALC	Arrive SFHS
TWThF	20J	2:27p	2:35p
Mon	20J	1:47p	1:55p

Schedules and routes are subject to change in response to use.

Plan on being a few minutes early to the bus stop, as the bus only stops at each location for a few minutes to load and unload.

Bus stop times are an estimate and may vary by 10 minutes based on traffic and weather.

After school buses from ALC will not arrive back at home school in time to catch buses to neighborhood routes.

If you have questions, comments, or concerns, please contact the ALC, 801-489-2833.

For more information visit alc.nebo.edu

Salem Hills High

***There will be no bussing to and from**

Salem Hills due to our new Salem location*

161 East 400 North Salem



MMHS Ellevés
JR. DRILL CLINIC

September 9-12, 2019
4:00 - 5:00 p.m.

FOR: Girls ages 3 - 14
Boys hip hop
class - ages 5 - 10

COST: \$25, includes t-shirt

Register on Sept. 4th at MMHS
from 5 - 7 p.m. or with any
MMHS Ellevé

For questions email:
camibing@gmail.com

Bring this flyer and
receive \$5 off!

All participants will perform
in a MMHS JV Football game on
September 12.

ACT Preparation Class 2019 - 2020

Maple Mountain High School

Session 1

- September 21 (Room D209) & September 28 (Room C213)
- 8:00 AM - 11:30 AM
- This session prepares students for the **October 26, 2019** National ACT Test

Session 2

- November 16 (Room D209) & November 23 (Room C213)
- 8:00 AM - 11:30 AM
- This session prepares students for the **December 14, 2019** National ACT Test

Session 3

- January 18 (Rooms D209, C213) & January 25 (Rooms D209, C213)
- 8:00 AM - 11:30 AM
- This session prepares students for the **February 8, 2020** National ACT Test and the **March 10, 2020** State Test that will be given to all Juniors at MMHS.

Cost: \$50.00 - Pay in the Finance Office

Each student will receive a copy of *Cracking the ACT* by Princeton Review.

Materials: Please bring paper, pencils, and a calculator.

Questions?: If you have any questions regarding ACT Prep, contact

Courtney Packard in the Counseling Office.

courtney.packard@nebo.edu - 801.794.6745



Scan the QR code or visit <https://bit.ly/2X90A08> to see the 2019-2020 ACT National Test Dates.

Golden Eagle Fans:

The screenshot shows the homepage of the MMHS Golden Eagles website. At the top, there is a navigation bar with the school logo and the name 'MAPLE MOUNTAIN EAGLES'. The navigation menu includes links for 'FALL', 'WINTER', 'SPRING', 'YEAR-ROUND', 'ACTIVITIES', 'PHOTOS', 'CALENDAR', 'SHOP', and 'MORE'. There are also links for 'Admin Login', 'Sign Up For Alerts', and 'Register An Athlete'. Social media icons for Facebook and Twitter are present.

The main content area is divided into several sections:

- FEATURED:** A large image of a football player in a maroon jersey running with the ball. To the right, there are two news items:
 - MULTIPLE TEAMS - FEB 27: 2018-2019 Boys Soccer Team**
 - EAGLES NEWS - FEB 27: Spring Sports Try-Out Information**
- GIRLS VARSITY SWIMMING - FEB 18: Prep of the Week - Mallory Mckell - Feb 18 2019**
- LATEST PHOTO GALLERIES:** A row of four photo thumbnails with dates: 45 10/25, 26 10/13, 25 09/29, and 44 09/26. A 'View All Galleries' button is below them.
- LATEST NEWS:** A section for the most recent news items.
- EAGLES OFFICIAL SPONSOR:** An advertisement for Intermountain Utah Valley Orthopedics and Sports Medicine, with the tagline 'Your Dream Team for Healing' and contact information: UVSPORTSMED.ORG | 801-442-BONE (2663).

At the bottom left, there is a URL: <https://mmhsgoldeneagles.com/photos/photos-varsity-football-skyridge-2018>. At the bottom right, there is a 'New Alerts' button and a 'Help' icon.

For all things athletics, make sure you are checking out MMHSGoldenEagles.com. Here you will find the official athletic site for Maple Mountain that includes schedules, scores, pictures, links to Register My Athlete, cool stories on our student-athletes and much more.



Heidi Whittaker
Utah Parent Center
Parent Consultant Serving
Families in the Nebo School
District
heidi@utahparentcenter.org
Text/Call: 801.228.8144

Utah Parent Center
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Suite 1101
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www.utahparentcenter.org

Do you have a child with special needs attending school in Nebo School District?

Heidi Whittaker **Utah Parent Center Parent Consultant** **Serving Families in the Nebo School District**

Email: heidi@utahparentcenter.org Web: www.utahparentcenter.org
Text/Call: 801.228.8144

Hi, my name is **Heidi Whittaker**. I am a Parent Consultant with the Utah Parent Center. The Utah Parent Center has partnered with Nebo School District to provide free assistance to families of children with special educational needs. I, too, have had a child receive special education services in Nebo School District.

If your child has special needs, so do you! As a Parent Consultant, I can provide:

- information
- referral
- assistance

Services are offered to parents and professionals through the provision of one-on-one consultations. I can help you by:

- Providing a private consultation in-person, by e-mail, text or over the phone regarding questions or concerns about the special education process.
- Providing information on the IEP process and your rights and responsibilities under IDEA.
- Helping you prepare for IEP meetings and providing support during IEP meetings.
- Connecting you to resources and supports in your community.
- Providing information about upcoming events in the district and statewide.
- Providing assistance to parents who suspect their child may have special needs.

All services provided are free and confidential.
No information will be released without your consent.

To contact me please email
heidi@utahparentcenter.org or
call or text me at 801.228.8144.